



Frequently Asked Questions

Question: How do I use OraMD to help with bad breath?

Answer: Use Step 4 by putting 2-5 drops on the tip of your tongue and then use your tongue to coat your gum line, teeth and mouth and the OraMD will freshen your mouth immediately.

Question: Where do I find a coupon code to enter during the checkout process online?

Answer: We are not offering any coupons at this time, that box is primarily for our 24-hour answering service employees to receive an employee discount. However if we do ever have a coupon or sale we will notify you through our weekly newsletter. The big sales are customer appreciation sales that take place in June and at Christmas in mid November through December.

Question: My toothbrush is falling apart when I use OraMD.

Answer: Some cheaper brushes use plastic bristles, which will not hold up to the potency of OraMD's powerful botanical oils. Make sure to use a brush with soft nylon bristles. Most name brand brushes are made of this material. Rinse the brush thoroughly with warm water after brushing. Avoid using foam cups, polystyrene plastics will not hold up to the menthol in this product.

Question: Can I use a Water Pik with OraMD?

Answer: Water Irrigators aid in flushing out the bacteria and pockets. Our recommendation is to use the irrigator prior to brushing with OraMD. OraMD is an oil and will separate from the water or sit on top of it if you use it in the irrigator. However, if you do use OraMD in the irrigator you should be sure to flush your oral irrigator with medium to hot water for 20-30 seconds after use. This is again because some plastic components will not stand up to the potency of OraMD's powerful botanicals. This could potentially void any warranty you might have if you don't flush it with the medium hot water. Avoid using foam cups, polystyrene plastics will not hold up to the menthol in this product.

Question: Can I use an electric toothbrush?

Answer: Yes, it is an excellent choice of practice. Be sure to only use a brush with nylon bristles, as cheaper plastics will sometimes not hold up to the potency of the essential oils in OraMD. Avoid using foam cups, polystyrene plastics will not hold up to the menthol in this product.

Question: Is it safe to use with braces/crowns/artificial dental work?

Answer: Although we have never heard of any adverse side effects, we recommend consulting your dentist before using the product.

Question: How can OraMD get to bacteria deep in the gum line?

Answer: OraMD is comprised of potent botanical oils, whose natural property is absorption. An oil will naturally seep into soft tissue in the mouth, and penetrate deep down to kill harmful bacteria where it grows.

Question: What are the ingredients?

Answer: OraMD contains only specific species of peppermint, spearmint, and almond botanical oils. There are hundreds of varieties of each, and the specific ones we use combined with our scientific formulation Guarantees it to kill all 22 known types of harmful, anaerobic bacteria that occur naturally in the mouth.

Question: What is the difference between OraMD Original and OraMD Extra Strength?

Answer: OraMD Extra Strength is made from the same ingredients as OraMD Original. However, it has undergone additional years of research and reformulation to give it a much more aggressive property. Because of this, it will typically provide quicker results for more severe conditions. If you are suffering from more severe conditions, you definitely want to start with the Extra Strength and then go to the Original once things begin to get back to normal.

Question: What is the difference in price between OraMD Original and OraMD Extra Strength?

Answer: 1st Time Customer : Original->\$45.94(Buy 2, Get1 Free) | Extra Strength->\$79.94(Buy 2, Get 1 Free) Single Bottle : Original->\$22.97 | Extra Strength->\$39.97 7-Pack: Original->\$99(save \$61.79) | Extra Strength->\$159.89(save \$119.90)

Question: Can I use OraMD on my pet? (dog, cat, turtle, etc.)

Answer: OraMD is 100% all natural, and while it's not designed for use with pets it will not harm them either. We have a number of customers who purchase it for use with their pets, either to help with an oral health issue, or in some cases just breath. Please be aware though, that pets are not real fond of it because of the potency.

Question: Can OraMD be purchased in stores?

Answer: At this time our products are not available in any stores. However, we ship anywhere in the world for a flat rate of \$8.95 and only \$2.95 in the US and Canada. For regular shipping in the U.S. it usually arrives within 3-5 business days and for international orders we allow 7-10 business days. We also offer expedited shipping via USPS Express Mail for \$18.30 in the US (1-2 days based on zip code), \$25.95 to Canada (3-5 days), and \$29.95 to anywhere else in the world (3-5 days).

Question: Is your product only sold online?

Answer: Right now, yes. We're actually working on getting it into the stores, but it hasn't happened yet.

Question: Payment methods

Answer: We accept all major credit cards, and E-check's by phone but you can also mail in a check or money order made payable to Trusted Health Products. Our mailing address is: 1910 Garden Springs Dr. Ste. 110, Lexington, KY 40504. Once we receive a mailed in payment, we will process and ship it on the same day. If you include an email address we will also send you confirmation of your orders receipt.

Question: How fresh is the product when purchased?

Answer: We manufacture fresh product every day, and rotate our shipping stockpiles to ensure that the product you receive is fresh. It has a 3 plus year shelf life too.

Question: Does it work?

Answer: OraMD is proven to kill all 22 known types of harmful oral bacteria. These are the bacteria that either cause or worsen unhealthy oral conditions, or at the very least, prevent the mouth from healing. By eliminating these bacteria, the mouth is free to begin healing itself.

Question: How long does it take to start seeing results?

Answer: Time for results will vary as the product is all natural and each person is a unique individual and can respond differently. Most people will begin seeing some improvements within a few weeks, but more significant changes may very well take a few months to notice.

Question: When should I see results for my receding gums?

Answer: Usually within 30 to 90 days if it's a bacteria problem. Though a number of customers have reported results in conditions of this nature and severity, we cannot guarantee individual results. If you have a more severe condition, then it's probably going to take a little longer to see more noticeable results. The trick with OraMD, and any all natural product for that matter is that you have to be consistent and stay at it. If it's a bacteria problem you should see results within 60-90 days.

Question: What should I expect to see and feel?

Answer: You should first expect to feel a much cleaner, healthier mouth. If you have swelling or bleeding, you may see those reduce or go away within 2-4 weeks although it may take longer as person is different.

Question: Will this cure my problem?

Answer: OraMD will not cure conditions on its own, however it does provide the environment the mouth needs to heal itself as the rest of the body will. 4 Step Oral Hygiene Program is as follows: 1. Brush twice a day, morning and evening

using 2 to 5 drops of OraMD. OraMD replaces toothpaste, mouthwash and breath fresheners and using other products in conjunction with OraMD reduces its effectiveness. Most toothpaste contains potentially harmful ingredients. The foaming ingredient in toothpaste is sodium lauryl sulfate; this is a harsh chemical and is the main ingredient in garage floor cleaners and engine degreasers. It can dry out the mouth and bacteria flourishes in a dry mouth. To whiten, we suggest brushing with baking soda up to twice a week; even though it is not a harsh chemical you should rinse well and follow up with OraMD. 2. Floss every evening before brushing – more frequently as needed. 3. Use OraMD as mouthwash twice a day, put 2 to 5 drops in one ounce of water, swish and gargle. This is important because it kills the bacteria in the entire mouth, including the back of the tongue so there is no transference of bacteria from the tongue to the gum line. The tongue is a breeding ground for bacteria and bacteria are the main causes of gum problems. Most mouthwashes contain alcohol and that will also dry out the mouth. 4. Mid morning, mid afternoon and as needed: put 2 to 5 drops on the tongue and coat the gum line and teeth to kill bacteria and eliminate bad breath. Also, coat your gum line and teeth before going to bed to keep bacteria at bay while you sleep. OraMD kills the 22 known harmful bacteria.

Question: What do I need to do to be able to return the product?

Answer: We suggest that you use all of the product because we offer a 100% money back guarantee whether you use all of the product or none. Return any unused product or empty containers to: 1910 Garden Springs Dr. Ste. 110, Lexington, KY 40504 and we will issue a credit within 24 hours of receipt. Please include a note in the package with your printed name, address, phone number and email so that we can find your invoice, and indicate your desire for a refund. If your order was paid for by cash, check, or money order, we will issue a check for your refund that we request you cash or deposit within 7 days of receiving.

Question: Is it safe to swallow OraMD?

Answer: Use product only as intended by following directions included with the product.

Question: Do people have any reactions to the product?

Answer: Only if someone has a preexisting food allergy to one of the ingredients which is very rare as most people have been exposed to peppermint, spearmint and almonds.

Question: Has the product been FDA approved?

Answer: All three of the ingredients have been approved by the FDA, which means it is safe to use.

Question: Are there any side effects?

Answer: There have not been any side effects reported unless there is a pre-existing food allergy to almond, spearmint, or peppermint.

Question: Can it be used during pregnancy?

Answer: We do not recommend use during pregnancy.

Question: Can it be used while breast feeding?

Answer: We do not recommend using the product during breast feeding due to the fact that the baby may have allergies that are not yet known.

Question: Can children use the product?

Answer: Yes, it is safe for children over the age of 3 who do not have any allergies to the ingredients. You may want to start out with a smaller amount on a wet toothbrush because the taste can be a little intense at first, especially for children.

Question: How quickly will I receive my product?

Answer: Domestic orders take 3-5 business days to arrive, and all other international orders typically take 7-10 business days. All orders are shipped via USPS first class.

Question: I've received the book without the product?

Answer: The book by Dr. McGuire is shipped in a separate package from the product. Because of the package type, it has a tendency to arrive a few days before the OraMD. Your product should arrive within a day or two of the book.

Question: How do I cancel my monthly autoship order?

Answer: Please call our office Monday through Friday, 8:30 a.m. to 9:00 p.m. eastern standard time and we will be happy to take care of that for you. The toll free number within the US is 888-423-7500 or outside of the US please call 01-859-277-0000.

Question: Since OraMD does not have fluoride, how can I stop cavities?

Answer: Independent studies have shown that even though fluoride has been recommended for decades for prevention of tooth decay, it actually does absolutely nothing to prevent the formation of cavities. In fact, fluoride has never been approved by the FDA and is actually only slightly more poisonous than lead and slightly less poisonous than arsenic when consumed. It's been banned in 97% of the water supply of Europe and three countries over there have completely banned the use of fluoride. It's a toxic waste material of the Agriculture Industry and there is tons of information on the internet about it. Just search dangers of fluoride. We don't use it because it is linked to cancer and all kinds of other problems.

Question: How can I keep my teeth white?

Answer: If you feel you are lacking whitening, use a small amount of baking soda, hydrogen peroxide or a whitening toothpaste and brush before using OraMD in the morning only 2-3 times a week. Be sure to rinse thoroughly afterwards, and then brush with OraMD as normal.

Question: Does the product whiten the teeth?

Answer: The OraMD does not have any kind of abrasive so it will not break up surface stains acquired from everyday substances like coffee, dark soda, and smoking, food and etc. We recommend using a small amount of baking soda, hydrogen peroxide or a whitening toothpaste and brush before using OraMD in the morning only 2-3 times a week. We also have an all natural teeth whitening system available for purchase

Question: Will it have an effect on my teeth being loose?

Answer: You may notice a difference with that, and it's just going to be from removing the bad bacteria and having just a general overall healthier environment in the mouth. When the gums are free of those bacteria, you're going to see them return to a lighter shade of pink, which is a good healthy color and then they may be tighter around the teeth. That's a good thing to look for within a couple weeks.

Question: Is it safe for my enamel?

Answer: Absolutely, yeah. There's no abrasive to it at all. Sure, it's potent, but there's no way it would cause any problems with your enamel. What would cause problems for the enamel are things like silica that's in toothpaste. The silica eventually wears down the enamel.

Question: Has there been testing done to prove that the product works?

Answer: Many studies have been conducted that show anti-bacterial properties of spearmint and peppermint oils in general. Most of these studies can be found online.

Question: Can you provide independent studies on OraMD's effects?

Answer: There are numerous individual studies that can be found on the internet that show the antibacterial, antimicrobial, and antifungal effects of the ingredients of OraMD. The natural properties of these oils alone are very powerful, but the specific strain of each oil that is used maximizes the overall effect. Combined with the scientific formulation behind how the ingredients are paired and mixed, OraMD is guaranteed to kill all 22 known harmful types of bacteria in the mouth.

Question: What is the difference between OraMD and OraMD Extra Strength?

Answer: OraMD and OraMD Extra Strength are made from the same ingredients; however they are formulated differently. Our extra strength formula is designed to be much more aggressive in how it attacks the harmful bacteria of the mouth.

Question: Can I use too much OraMD?

Answer: The suggested amount of OraMD to use when brushing, using as a mouthwash, or coating the gums is 2-5 drops. However, you can certainly use more if you feel the need. When following the 4 Step Oral Hygiene Program you are directed to use OraMD 6 times daily. Twice when brushing, twice when using as a mouthwash, and twice to coat the gum line mid morning and mid afternoon. Some customers use the product many more times than that, so feel free to use more if you feel the need to. You can't overuse the product. It's completely all natural, and safe. We had a conversation last night even, actually a colleague of mine did, with a gentleman who keeps a bottle on him and uses it whenever he loses the taste in his mouth, you know, the clean, minty, fresh taste. So there's not really a way to over use it. So like I said, any time you brush you'll use it, and you'll also want to use it as a mouthwash when you do that. Just put a few drops in about an ounce of water and use that to swish, rinse, and gargle with. That's very important to get any bacteria in the back of your throat and your tongue."

Question: Can I dilute OraMD...it is too strong for me.

Answer: When using OraMD for the first time it is normal to notice a much stronger or intense taste. This is due to the powerful botanicals it contains, and their active elimination of harmful bacteria. Typically, this strong taste subsides within a week of use as directed. If you still feel it is too strong, we recommend using the mouthwash application by diluting 2-5+ drops in an ounce of water and using that to rinse, swish, and gargle or wet the toothbrush first and use few drops when starting out. This will still eliminate bacteria, but make the taste a bit milder.

Question: Should I rinse after using it?

Answer: No, allow the oils to absorb into the soft tissues of your mouth to penetrate to the deep areas where bacteria grows. (Some people really want to rinse – if so, tell them it’s ok to rinse but better if you don’t).

Question: Does OraMD not kill good bacteria too?

Answer: The mouth produces hundreds of types of bacteria. Though OraMD is designed to eliminate the 22 harmful types, some others may also be eliminated in the process. However, it is not enough to cause any ill effects. OraMD has been on the market for over 9 years, and no ill effects have ever been reported other than pre-existing food allergies which has only happened a couple of times.

Question: Along with bacteria, does OraMD kill yeast?

Answer: Yes. Yeast is categorized as a fungi, and the ingredients in OraMD are antifungal as well as antibacterial.

Question: Is this something that I have to use for life or just for awhile?

Answer: You know, that’s really up to you. We do have people that start out with the product just to take care of issues like bleeding gums, sore gums, things of that nature, and they just continue to use it once their body had healed itself just because they either like it as a substitute for your conventional toothpaste or as a natural alternative and for further preventative means. If you continually keep your body with that clean environment, hopefully you’re not really going to suffer

from those issues again. If you let the bacteria build up, those problems can come back on down the line and you will be ordering again.

Question: How long will the product last?

Answer: The length of time one bottle lasts can vary depending upon your personal use. If you follow the suggested directions that are included with the product, replacing toothpaste, mouthwash and breath mints then 1 bottle will generally last about a month. If you use it as a toothpaste replacement only, 2 drops twice a day then 1 bottle can last approximately 3 months. Each bottle contains approximately 400 drops.

Question: Do you become immune to it?

Answer: No. Because there are so many types of bacteria, and they are constantly being produced, your mouth will not become immune to the effects of the antibacterial ingredients of OraMD.

Question: How long is the product good if unopened?

Answer: An unopened bottle has a shelf life of at least 3 years. The only thing that will change the life of the product is oxygen that can flow freely into the bottle. As long as the cap is kept on, it won't go bad before you use it.

Question: How long is the product good once it's been opened?

Answer: We don't recommend using an opened bottle for more than 3 months. Because of the air entering the bottle and depleting its potency little by little each time it can lose its effectiveness.

Question: How fresh is the product when purchased?

Answer: We manufacture fresh product every day, and rotate our shipping stockpiles to ensure that the product you receive is the fresh.

Question: I get a tingling or burning feeling in my mouth and whenever I put it on my tongue.

Answer: Well, sometimes when you first start using it, and for a little while sometimes when you begin using it...and that's one thing I was going to mention about the tongue...is that it's a really huge breeding ground for the harmful bacteria that's causing your problems. When you first begin using it, it has a really strong taste. Sometimes for the first week or so it's more intense, but as you consistently use it a few times a day for a few days or a week you really get used to it. The thing is that it has to actively work to eliminate that bad bacteria.

Question: Is 5 drops enough to coat my mouth?

Answer: Yes. As an oil, a little goes a long way.

Question: Will this cure my problem?

Answer: OraMD will not cure conditions on its own, however it does provide the environment the mouth needs to heal itself as the rest of the body will.

Question: Can I use OraMD with toothpaste?

Answer: Using OraMD in conjunction with other products like toothpaste or mouthwash will diminish results you may see from using OraMD exclusively. OraMD is designed to replace all of your oral hygiene products including toothpaste, mouthwash, and even breath fresheners like gum or mints. You can use other products, but it will slow the progress.

Question: Can I mix baking soda and OraMD?

Answer: No, mixing OraMD with any other products will diminish or negate the effects you might see otherwise from using OraMD exclusively.

Question: Can I use foam or polystyrene plastic cups?

Answer: Avoid using foam cups, polystyrene plastics will not hold up to the menthol in this product. The reasons for reactions like these can be traced all the way down to the molecular level, and are actually based upon the electrical charge of molecules that vary greatly from substance to substance. Numerous

products and ingredients that are safe for human consumption have this effect on polystyrene plastics.